

THE MASSEUR



American Massage & Therapy Association

FORMERLY THE AMERICAN ASSOCIATION
OF MASSEURS & MASSEUSES

OFFICIAL BULLETIN

NOVEMBER - DECEMBER 1960

DECATUR, ILLINOIS

61' CONVENTION TO BE HELD IN MOTEL

The Nebraska Massage Assn., a Chapter of the A.M.T.A., held its Semi-Annual Convention at the Lincoln Hotel in Lincoln, Neb., on October 22 & 23, 1960.

We had 36 present, including our honored guests, Sam Dahlgren, our National Secretary, and his family. We appreciate him taking time out of his busy schedule to visit Nebraska. Thanks again, Sam.

In line with the new amendment, Nebraska Chapter voted to hold over its present officers until our Convention in October, 1961.

We voted to hold the National Convention at the beautiful and spacious Town House Motor Hotel. August 3rd thru 6th.

This is our newest and finest Convention Hotel. 300 Rooms and suites offer year around air conditioning, all meeting rooms are also air conditioned for your comfort.

There is a beautiful glass enclosed indoor swimming pool and patio. Also this Motel is only one block from Omaha's newest and largest shopping Center, covering an over-all area of about 8 square blocks.

C. Albert Chalmers.
Pres. Neb. Massage Assn.

YEAR BOOK

It is time to get behind your Year Book for 1961.

We ask that all chapters take a page and that all individuals take an ad, and that the members contact all manufacturers and sales companies for advertising. Our list of advertisers has been mislocated and we have to depend on the members this year. The rates are the same, \$30.00 a page, \$15.00 ½ page and \$10.00 quarter page to non-members.

\$15.00 page, \$7.50 ½ page, and \$5.00 quarter page to members.

If you send your card be sure to see that the city you work in is on it as last year there were several ads with no city mentioned.

Send copy and check to George D. Gammon, 4355 N. Sierra Way, San Bernardino. This year there will be no charge accounts as several of our members took ads last year and did not pay for them. It is imperative that we make our Year Book self supporting and you as a member are just as responsible for this as anyone.

The Year Book this year will

come out right after the first of the year regardless. Let us make it the best Year Book and Registry ever.

WE NEED MEMBERS!

As your National Membership Chairman for the second term, I once again must ask your support.

I'm sure each of you know a worthy person, that would be an asset to the American Massage & Therapy Association.

We, as an Organization, have a tremendous amount to offer a Masseuse or Masseur. If the fundamentals of our organization are thoroughly explained, I personally feel you will have no problem in obtaining a member.

I would like to take this opportunity, to thank you who in the past, have so readily supported me as your National Membership Chairman. Those who in the past did not have the opportunity to get a new member possibly will strive a little harder this year.

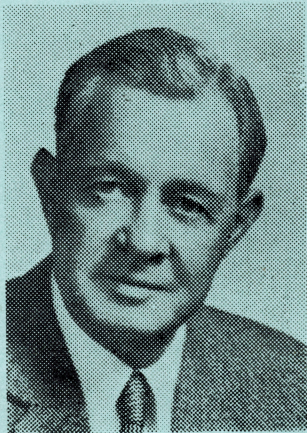
Do Not Delay: The golden moments fly, one today is worth two tomorrow's.

Irene Jordan

THE MASSEUR

Bimonthly publication of the
American
Massage and Therapy Association.
formally known
American Association of Masseurs
and Masseuses.

Published in Decatur, Illinois
Charles W. Brooks, Editor
3111 North Water Street



George D. Gammon, National President,

PRESIDENT'S REPORT

The only way we can overtake the obstacles that confront our profession is to band together and do something about them.

Other Associations realize this fact but somehow we don't seem to grasp the seriousness of the situation and as a result we take the attitude that as long as we can make a living, let someone else fret.

But you don't realize that that living could be taken away from us like it has been in Denver and Albuquerque, like it almost was in Indianapolis and like it could be in your town.

One other Association is so desperate for members that they are offering at their November meeting a year's membership and a dinner for \$5.00. They will get some members this way, but in the long run will not gain by it as something that comes cheap is never cherished.

With our new policy of accept-

ing members who have two full years experience in lieu of a diploma we should be able to double our membership this year. In fact we must double it.

I don't think we realize the value of the Certificate of Registry. Let the doctors in your towns know that you are a Registered Massage Therapist and they will send you patients. Make full use of the Year Book. One patient sent to you through the Year Book can pay your dues for life. One patient sent to another member will pay his dues for life.

Take advantage of Malpractice insurance through your Association. In that way we can very soon get a reduction in rates. With 1000 members all insured we can get an American Company to write our insurance at about half what we are paying now.

Make your business meetings short and your educational and entertainment programs so fascinating that no one will want to stay away.

See that your Chapter Officers are doing their work or have the courage to remove them.

Do everything you can to raise money for your Chapter. No well financed Chapter ever dissolves. With money you can hire speakers, rent good films, pay your delegates expenses to the National Convention, get Legislation, and at least pay the expense of one of your members who will take the time to get more members.

Keep one application blank in the glove compartment of your car so that you can always have one for a prospective customer. Any member signing three or more members during the year will receive an appropriate plaque. The ones who received the paper weights this year are very proud of them, and remember the State that signs the most new members get the beautiful cup for a Year.

Finally, if you have anything that displeases you or you have an idea that is constructive. Please get in touch first with your District Director and then with your

officers. All of us want to do your bidding.

I am not discouraged about the growth of our Association, but I am disturbed about the slowness it is taken to build it. Slowness of paying dues, slowness of having proper meetings, slowness of proper reports from Chapter officers.

Your National Officers, no matter how hard they try, are only as good as the membership makes them.

READ THIS

This article taken from the Washington Massage News.

Those of us that are seeking a massage bill should consider this.

A Mrs. Ridgeway of the Licensing Department, was presented by President Dunbar. She gave us a complete picture of what our bill, if it passes the legislature, would cost us per year for the clerical side of it.

We of the legislative committee have been aware of the cost of getting a Massage bill passed which is around \$2,000.00. Our legislative fund at present is about half that amount.

Mrs. Ridgeway gave us an idea of the cost of clerical work in this way. In our Massage bill we proposed a fee of \$25.00 per member for state license, (same as registered physical therapists) if we would have 100 therapists obtaining licenses, that would make a total of \$2,500 to the state of Washington. She then itemized the cost of clerical work, administrative and inspection, members of the board of examiners fees, etc., which came to more than the total, so that we either must have more members or charge a \$50.00 license fee to make enough for our bill to carry its own weight.

PUBLIC RELATIONS

As has been said in the past, public relations is needed in our organization, so I would like to make the following suggestions:

1. Let's build an interest in civic affairs. Give demonstrations

show pictures, etc., get active so as to create interest.

2. Promote your chapters and the work in your chapters more through radio and the press. If you will send to me information on the projects and meetings of your chapters, I will be glad to see what I can do to put it over the news wires for your respective chapter.
3. Promote membership. Let's get behind Irene Jordan and show her as well as the officers that this organization is not dormant. We should have a membership of at least 2,000 instead of some 500. Let's go!
4. I would like to see the Officers of this organization get out on the road and give lectures on what you have got to offer. Let's visit those members that do not have a chapter and see what can be done to create a chapter. We have to show an interest or the members figure it isn't worth it either. I would be only too glad to introduce any officer, or director, anytime they wish to speak, demonstrate, etc. Let's get on the ball.
5. Let me know what legislation is pending or states that are looking for legislation in the future and I am sure what help I can't give, our director, Mr. Carlson, will be able to or will find someone that can help us, but we will have to know.
6. Send me information as to what your chapter has done or will try to do on public relations, if any. It will be a big help, not only for me, but to you as well.

There are other things I will pass on to you in the future, but I will need ideas, opinions, and last, but not least, interest. We need to grow if we are to be strong. I would like for every member to project to the public the following slogan—

"You are only as young as you feel, so feel Better after a Massage." Your Public Relations Dir.

Thomas R. Fink, R.M.T.

GOVERNMENT CONTROL

A member from the Michigan State Chapter goes to Europe and brings us a message from what he observed and witnessed over there. — Thank you, Wm. A. Menkman, for your article.

During my recent visit to Europe, and especially the Netherlands, I had the pleasure to observe the mode of operation of the Massage Therapists. The Dutch are phlegmatic, patient, industrious and tenacious. Things half done are not tolerated. One does not earn the right to practice easily, but once the necessary requirements are met, the practitioner is assured of an active and profitable profession. The government controls all business and professions. It maintains the right to confiscate unfair profits; however, it also compensates for business losses. There is no chance for the charlatan operator, neither would it be possible to conduct schools not accredited with the State.

Inasmuch as medics and therapists work hand in hand, there is no fight for existence. At the present there is no such thing as unemployment. All the healing arts are under government control. As the purchase price of equipment is prohibitive, one seldom finds a private practitioner. Most of the work is done in hospitals and institutions under close observation of the medics.

All people placed in or below the 7000 florin a year income bracket are automatically in the scope of obligatory health and accident insurance. The insurance companies are also governed by the State. According to the population, each company assigns a certain number of patients to every doctor in the community for which the doctor is paid a flat fee of F.10.00 a head, no matter if that person does or does not avail himself of that service. The law of average makes this ruling possible. It assures the doctor of a minimum yearly income of F 20.-

000 to F 30.000 besides his fees for private practice. The patient makes his own choice of doctor and if the relationship proves mutually satisfactory, he then accepts this doctor as his family physician.

Anesthesia, antibiotics and wonder drugs are administered only in the most severe cases; consequently, the therapist is called upon more frequently than in this country. The therapy treatments are prescribed by the doctor and so the patient makes less demands than over here. On postoperative cases, the therapist is advised during consultation between doctor and surgeon.

From observation, I could say that in the United States, people are often overtreated, due to heavy demands by the patient or over zealousness on the part of the practitioner. Especially the treatment of older people is sometimes taxed beyond his capacity to respond. The treatment then is not only a failure but a detriment as well. I like to think in terms of balanced therapy for each individual case. I make mention of this as so many of us operate independently and although most cases are referred, the treatments are usually left to our discretion.

Perhaps I am over simplifying the complexity of the work that lies ahead, but there is no doubt in my mind that in order to merit proper recognition, we have to step up our education and schooling.

Future therapists should enroll only with schools recognized by the State, so that at the end of the course, the students can comply with all State requirements. The curriculum of the schools should be broadened, especially in the field of basic science. Whether or not we use that knowledge is beside the point. A study along those lines is a must in taking State examinations. A little knowledge is dangerous and the more we learn and apply in our practice, the better we can serve our fellowmen.

According to our democratic way of living, we do not condone

government control; however, we still hear rumbles of "Socialized Medicine" and what will develop in the future is anyone's guess. In the meantime, let's put our shoulder to the wheel and put massage and physio therapy on the highest level.

Michigan Chapter.
Wm. A. Menkman

MISSOURI

The Missouri Chapter A.M.T.A. meeting was held at the Belcher Hotel in St. Louis, Mo., Sept. 25, 1960.

The meeting was called to order by President Ray at 11 o'clock a.m. Minutes of the previous meeting were read and approved.

The Treasury report was read and approved, and Vice President Burns reported on the membership committee.

A round table discussion on meeting procedures and information on various massage techniques was heard.

Catherine Adams, of the Kans. Chapter A.M.T.A., gave us much information and advice.

Lowell M. Spangle of Gary, Ind., our speaker for the meeting, gave valuable information on procedures of the Ind. Chapter of some problems concerning city and state Massage Therapy laws.

The business meeting was then adjourned for lunch. A wonderful meal was prepared by Mrs. Lena J. Weber of St. Louis, assisted by Mrs. Gene Adams. We want to thank you ladies very much.

Following the lunch period, Mr. Spangle gave a very interesting and constructive lecture on his "Relaxation Therapy." He then gave a marvelous demonstration which was very impressive.

Our sincere thanks is extended to Mr. Rube Gordon for his efforts and accommodations of which we enjoyed.

The meeting was adjourned in the evening.

W. L. Hodgson

NORTH DAKOTA

North Dakota's 1st annual 2-day Convention was held in the Patterson Hotel in Bismark, N. Dak., Sept. 9 and 10.

Meeting was called to order by Mr. M. T. Bakke, president of the State Chapter.

The Rev. Ira Herzberg, pastor of the Evangelical United Brethren church gave the invocation.

Sec'y and the Treas. reports were both read and approved. The Executive Board was read and filed.

Mrs. Rachel Gustafson, program chairman, gave the report of that committee and also the outline of program for the 2 days.

Three guests from our fellow state of Montana, Mr. and Mrs. L. S. Hanson, National Director, and Mrs. Mary L. Mecklenberg, were introduced and welcomed to our State Convention.

There was a motion made to divide up the state into 2 sections, East and West. This was done so that these two could hold meetings and not travel so far, as 300 or more miles back and forth in one day was quite a chore.

Mr. Herbert Hill was elected chairman of the western district and Mr. Vivi Hopponen chairman of the eastern district.

A short talk was given by Dougald Munro on the Bone Structure and charts were shown.

Mr. Louis Hanson, of Montana, and Mr. Vlast Vejtasa, gave short talks on what happened at the National Convention.

The second part of the Red River of Life was shown and was very good. Time out for workshop.

The Banquet was held in the Gold Room of the Patterson Hotel with Mrs. Rachel Gustafson as Toastmistress.

Second Day. Mr. Bakke called the convention to order and Albert Dahlgren gave the invocation.

Another guest from Montana was introduced, Mr. Harjn of Butte, and he was welcomed as a new member to the Montana Chapter.

Mr. Samuel G. Dahlgren was asked to give a short report on the State Board of Massage doings during the year. There are now 34 that have received their certificate to practice massage in N. Dak.

There was a motion to award Mr. Jack Mayfield, of Grand Forks, an Honorary Membership in the N. Dak. Chapter.

Mr. D. Munro gave a short resume of the second day at the Convention in Chicago and on Dr. Camille Estornelles talk on Mental Health.

Time out again for the work shop and Demonstration which was very enlightening and enjoyed by all.

Mr. Hanson, Mr. Vejtasa, Dougald Munro and Mr. Wilfred T. Bakke sat on a panel and answered questions from the members and they ranged from fee charged to results that had been achieved

Mr. M. T. Bakke gave a very inspiring talk on what the Chapter has accomplished in N. Dak. from the organizing to the present day.

The following were elected as officers for the coming year:

Pres.—Milfred T. Bakke, Fargo.
V. Pres.—Alice Olson, Watford City.

Sec'y-Treas.—Albert E. Dahlgren, Fargo.

Western Director—Mack McFall, Bismark.

Eastern Director—Elwood Anderson, Lisbon.

The officers oath was given by Mr. Samuel G. Dahlgren, the National Sec'y-Treas.

And the new president adjourned the Convention for 1960. With 29 members and 8 guests present.

Sincerely

Albert E. Dahlgren
N. Dak. Sec'y-Treas.

FOR SALE—Upright cabinet like new, Baker Deep Therapy lamp, massage table, late editions Massage literature, etc. Dr. Wilfred A. Blodgett, D.C., 1404 E. Clark St., Charles City, Iowa. Phone Capital 8-2135.

"(YOU)"

The most interesting person, and intriguing individual, is you:

To know yourself, you must recognize your real self in order to be a spiritual being all the way through. Your mind is spirit invisible, and your body is spirit materialized, you are divine child and God is your father.

Through knowing you are a child of God, you lose yourself conscienceness and become conscious of your true self.

This in turn will give you a new quality, or tone, which the world will recognize. "The universal law is" when you rise up in consciousness, all things will rise up to meet you, in turn every thing in your life improves, and you attract only the most superior side of life, "like attracts like." You cannot think one way and feel another, and be the expression of what you desire: So know yourself, you are the most vital thing in the whole universe as far as you are concerned.

No matter where you are, what you are, how big or little your life may be to you, you are and will always be the center of your world.

The highest experience in living, is to find or discover your real self, the spirit within you, your whole life is controlled from within: If you live right within your heart, and think right silently, both your health and outer life will express themselves properly.

Learn to go into that great within, that secret place to which you alone have the key. The most vital words Jesus said, was "ask of me."

To safeguard yourself when asking for anything, is to say "I choose this thing if it is for my highest good," in this way you will never bring anything into your life that will make you unhappy.

The art of being yourself is to be natural, this feeling of unity is the awareness of God ever present individualized within your own

soul, and radiating out through to all.

This is that charming you I wish to know.

Real attraction is to win or woo, what you want by an irresistible power. "Here is the secret" the greatest power of attraction is to know God, love is the activity of God within you so when your heart is filled with love, you will be irresistibly attractive with a divine attraction which not only attracts but holds.

There is physical, mental, and spiritual attraction, the greatest being spiritual, because when you attract by that mystical emotion, which only the heart can interpret, its attracting power is instant, complete, and sustained.

Know your real self. The great cosmic secret is, you have your good now. The promise is God the all, good is everywhere always present and instantly available.

The highest form of spiritual exercise, is to choose for others what you would choose for yourself.

All spiritual qualities are God ordained, and will be the eternal desire of the soul until fully expressed.

The universal law is, that the active desire within must sooner or later find outer expression, your spirit is the real you, the joy of love is to love, joy is a positive quality and attracts.

Consciousness of harmony bring not only yourself into a state of poise, but affects others when they are near you.

What a wonderful power you have by being your real charming self.

Light up your personality through your mind and you will attract others and fascinate them. You know it's the radiance from your light that attracts, fascinates, and warms.

Love, joy and peace, beauty, sincerity, and integrity all illuminate the mind and make it brilliant.

In closing, I wish to say, when you find your real self, you will find God shining through from the depths of this lovely you, giving

His life, love and joy to all. When you discover these qualities, you will have found the REAL YOU.

Fern Humke

IN MEMORY OF HOWARD WATSON

Mr. Howard Watson, RMT, 1461 Park St., Muskegon, Mich., passed away about convention time, and I was just notified recently.

Howard was a charter member of the Michigan Chapter, and was past Sec'y Treas. of said Chapter. He was very active in the chapter and did much to help formulate the present massage bill which they hope to introduce in the next session.

He had many friends in the association.

THE RECEIPT FOR THE CARROT CAKE

I had a wonderful response to this healthful suggestion. If you would like extra copies of it to give to your friends and patients, write to me. I have printed it up on a card and will mail copies to anyone sending for them.

Likewise, the A.M.T.A. song. I have made copies of it also.

Chas. W. Brooks, ed.

RULES ON HOW TO STAY YOUNG

By SATCHEL PAIGE

The ageless baseball pitcher

1. Avoid fried meats which angry up the blood.
2. If your stomach disputes you lie down and pacify it with cool thoughts.
3. Keep the juices flowing by jangling gently as you move.
4. Go very light on the vices, such as carrying on in society. The social ramble ain't restful.
5. Avoid worrying at all times.
6. Don't look back. Something might be gaining on you.

EMBLEM — for uniform sleeve, watch pocket or hanky pocket of blouse. Registered Massage Therapist. In colors, 80c.

MICHIGAN

Sept. 10, 1960, the Michigan chapter of the A.M.T.A. met at the Y.M.C.A. in Lansing. Mr. Pommering called the meeting to order with the assembly repeating the Lord's Prayer.

Minutes were read by Mrs. Hoppas, and approved.

Treasurer's report by Mr. Menkman, and approved.

After some discussion, a few changes were made in the massage bill.

Mrs. Emma Veenstra gave a report on the meeting in Detroit and of the boat trip.

Mrs. Emma Veenstra made a motion to pay the bills presented by Mr. Menkman, seconded by Mrs. Lottie Baker.

There was a discussion on having the 1962 National Convention in Michigan. Mr. Pommering appointed Mrs. Emma Veenstra and Mrs. Lottie Baker on committee on Hotel accommodations in Detroit and Mr. Menkman in Lansing.

Mr. Menkman gave an interesting talk on his trip to Holland and other countries, and about their methods.

The next meeting was set for early November in Detroit. Mrs. Emma Veenstra making the arrangements and deciding on the date.

There were 8 members present and three visitors.

Mrs. Lottie Baker made the motion to adjourn, seconded by Mr. Tucker.

Recording Secretary
Mrs. Nettie Hoppas

IOWA

Iowa Chapter A.M.T.A. held their fall meeting on Sunday, Oct. 16, 1960 at Roosevelt Hotel, Cedar Rapids, Iowa.

There were 8 members and 2 guests present.

There was a Board meeting at 11:00 a.m. followed by dinner at 12:00 and meeting at 1:00 p.m.

President Arles Bahl opened the meeting in usual form.

Minutes of the previous meeting were read and approved, also the

treasurers report.

The qualifications for membership of Mrs. Etta Grider of Sioux City, Iowa, were examined. The Board recommended acceptance.

Mr. Don Hudson moved we accept the Board's recommendation. Motion was seconded by Mrs. Anna Clark, and carried.

A telegram from Mildred Hansen of Des Moines, informed us she was ill at home and could not come to the meeting. We were all sorry she could not be with us. Pres. Bahl said she probably would be glad to receive cards from the members.

Mrs. Eva Gilbertson, ch. of nominating committee reported that they recommended we keep the same offices another year. The recommendation was unanimously approved.

Pres. Bahl asked that we elect, rather than appoint the legislative committee this year. Results were: Chairman, Arles Bahl, with Mildred Hansen and Eva Gilbertson, also on committee.

Letters, typed last year, to be used in case of legislation, were read and members were asked to study them and let pres. know if changes were advisable and keep their mailing lists up to date in case we should need them.

Mrs. Alma Hammann reported her advice from a legislator of her district and Mrs. Gilbertson related her experience with a lawyer who was sent to intimidate her, and the advice of her lawyer.

She advised that this phrase be inserted in a Bill if it were presented.

It should contain "Physical Medicine, such as Electro-Therapy, and Hydro-Therapy, insofar as the operator has been schooled to use such instruments."

The Pres. said he intended to subscribe to the State Printers list so he could be informed of pending legislation, and then would contact the Health Committee immediately.

Reports from the National Convention were given by Don Hudson and Mrs. Gilbertson.

Don and Mae Hudson spoke briefly on the advantages of using the Puritron in the office, Price Servicing, etc.

The Pres. suggested that we have a Seminar in the Spring and he would get the certificates for them.

Mrs. Gilbertson, Don Hudson and Arles Bahl will be the instructors and if anyone knows of a good lecturer who we could get at a nominal fee to let him know.

The meeting was adjourned at 4:30 p.m.

Resp. Submitted,
Floy Brownlie

ILLINOIS

Meeting held in Joliet, Sunday, Oct. 2, Arthur Melson, host.

Meeting called to order by Pres. Chas. Brooks.

Minutes of previous meeting were read and approved. Treas. report was given.

A motion was made by Martin Weinrich and seconded by Melson, that we put a full page ad in the Year Book, cost \$30.00.

Report was given on National Convention by Chas. Brooks.

New members were taken in.

Those present at meeting:

Irene Knusta, Chicago.

Marie Glowacki, Chicago.

Kate Reaser, Chicago.

Frank Schlocheikauski, Chicago.

Lynette Brooks, Decatur

Chas. Brooks, Decatur.

Martin Weinrich, Maywood.

Chris Weinrich, Maywood.

Kathi and Rusty Weinrich, Maywood.

Mr. and Mrs. Fenton Davis, Lacon.

Dorothea Byles, Moline.

Mr. and Mrs. Kenneth Ried, Peekin.

A. Jean Wells, Peoria.

Arthur Melson, Joliet.

Mr. and Mrs. Arthur Melson, Sr., Joliet.

Next meeting will be held in Chicago, in January.

Some Illinois members still owe their dues.

Hazel Davis

FOR SALE—Massage and Health Bath—Exerciser, 800 sq. feet office space. Office and reception room, \$2,500.00. Easy terms, serving Southern Oregon and Northern California. Oscar S. Nissen, P.T., 227 South 11th St., Kalamath Falls, Oregon.

in LOW BACK PAIN . . . FAST RELIEF (48 - 96 hours) with Clinically Established **PRO-NUCLON**

High **MANGANESE**¹³, Vitamin C Complex², with Calcium and Vitamin D therapy . . .

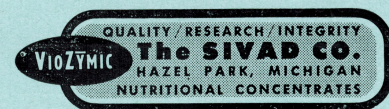
PRO-NUCLON restores **naturally**, body tissues mineral balance. It provides elasticity of ligaments and muscles—eliminates spascity by building up intra-cellular cement. Many cases relieved in 48-96 hours. Manganese activates 4 known enzymes—among which are the blood phosphatases.

Each **PRO-NUCLON** tablet provides:

130 mg. Manganese Gluconate, 30 mg. Vitamin C, 1700 USP units Vitamin D plus 9 other important synergists.

List price: Bottles of 90 tablets—\$4.00
270—\$11.00 500—\$19.00

Write for Catalog



GEORGE EMBLEMS
231 ELMWOOD ST., NO. ATTLEBORO, MASS.

WISCONSIN

The Fall meeting of the Wisconsin Chapter took place in Milwaukee at the Persona Health Service.

Even though the 'legal situation' limits the membership growth of this Chapter, the group, after serious consideration, refused an application. The consensus of opinion was that, more important than numbers, was the integrity and ethical status of the A.M.T.A.

The meeting included discussion as to amalgamating with another state group which has invited us to join them. Since this group consists of many sincere folks, (and unity with them would lend strength), it was decided to consider their invitation to do so, on a state basis, if they, in turn, would consider joining our national organization.

The Annual election resulted in a few changes. Anne Bergholz was chosen president to succeed John Persona, who accepted the office of Vice-President. Frank Persitza agreed to continue as Secretary-Treasurer, to which office he was appointed after the resignation of Mildred Warnes when she entered a convent in New York.

The new President's first official duty was to review the National Convention activities in Chicago for the benefit of those who were not able to attend,—and for the pleasant reminiscing of those who did!

We are all happy that Wisconsin is a part of A.M.T.A.'s official anthem—both by author and by melody—and so—as we view the future of our chapter, we say—"On Wisconsin!"

The Chapter's December meeting will have as its Hostess—Mrs. M. S. Rendall at her new location, followed by a Christmas Dinner at the Karl Ratzsch's Restaurant. Our gathering will surely hold a toast to all A.M.T.A. members for a Nineteen Sixty One-derful year—with a vegetarian martini—what is it they use, olives or cherries? And—A Blessed Old-Fash-

ioned Christmas to you all, too!

Anne Bergholz

RHODE ISLAND

On October 23, 1960, members of R. I. Chapter A.M.T.A. started their year with a very lively meeting at the home of Rene Bellavance, in Cranston, R. I. Announcement was proudly made of the opening, about Nov. 7th, of a new Beauty Salon including a well-equipped Massage Therapy department. Our newly registered member, Cecelia Saglio is opening her new salon on Elmwood Ave. at the corner of Gallatin St. in Providence. We are proud and happy for Cecelia and wish her the best of luck in her new venture.

She graciously offered her salon for our meetings as they are centrally located. We accepted with pleasure.

Cards were sent to two of our members who have been hospitalized recently.

All of our members are planning to attend the Mass. Chapter meeting Nov. 13, 1960 at our own Pawtucket Memorial Hospital, in Pawtucket, R. I. We are sure it will be a very instructive meeting. Many of our Rhode Island members are employed there.

On Dec. 11th, we are planning a very special December meeting at Cecelia Saglio's New Beauty Salon.

Plans are to make 1960-61 a Banner Year for Rhode Island..

Ida N. Thorson
Sec'y-Treas.



PORTABLE FOLDING TABLE

Best grade plastic covering over latex. Choice of colors. Our special price for this high grade table is only \$48.00.

GEORGE

SCHOOL OF MASSAGE

231 ELMWOOD ST.
NORTH ATTLEBORO, MASS.

SILENCE

Silence is

the mother of Truth
the virtue of the wise
the haven of prudence
the womb of Life
the spring of decision and
vigor
the Spirit's sanctuary
the power in the cathedral of
Life

SILENCE is our sacred response
to all contradiction arising from
unlove, persecution, envy, or vul-
garity.

Silence is our Home

SILENCE heads all virtues. Sil-
ence is the audience chamber to
God.

Through the Silence we learn
to permit God to think through
us.

You live only in God. And God
lives in us in the Silence.

Truth can only be found in the
Silence.

The bottom never drops out of
silence.

All you have to do is be still and
rest! Then, That which you live in
does the work.

**SILENCE WILL NEVER
BETRAY YOU!**

Your life will be transformed,
you will be a different person, if
you will quietly sit for ½ hour
each day, merely making one dec-
laration.

Some people always ask others
What they think—we really should
not care. We should try to culti-
vate Silence—constantly—contin-
uously.

This is the secret of Success and
good fortune,

Progress and Prosperity,
Health and Beauty,
Conquest and Triumph,
Self-Mastery and Absolute
Victory.

There is no substitute for Sil-
ence. We must practice Silence.

Silence is the Mother of Truth.
Ann B. White
E. Walpole, Mass.

The average man's idea of a
good sermon is one that goes over
his head and hits a neighbor.

LIVER COMPLAINT

"What's your trouble?" the psy-
chiatrist inquired of his patient.

"I have a liver complaint," was
the reply.

"That's a little out of my line,"
said the analyst, "but now that
you're here, go ahead and tell me
about your liver complaint."

"It's this way, Doc," the patient
explained, "my wife always insists
on serving it with bacon instead
of frying it with onions."

The philosopher who said that
work well done never needs doing
over, never weeded a garden.

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